



MOVE UTAH SUMMIT

September 26, 2019

Little America Hotel

500 Main Street, Salt Lake City, UT 84101



MAKE A CONNECTION

Improving the health of individuals and communities through active transportation planning and implementation.



HEALTH

IT'S ALL CONNECTED.



www.GetHealthyUtah.org



ABOUT MOVE UTAH

The Move Utah program provides technical expertise, resources and funding opportunities directly to local communities as they pursue active transportation planning efforts. In close collaboration with our partners, we assist in fostering community support through events, engagement and educational opportunities to make cities and counties more walkable and bikeable.

Move Utah Goal

Foster active, healthy, connected communities through robust planning and implementation of biking and walking initiatives, programs and projects.

Learn more at move.utah.gov.

Program Partners



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ACTIVE, HEALTHY, CONNECTED COMMUNITIES

The Move Utah program is dedicated to providing local governments and municipalities across Utah with technical support and guidance as they pursue active transportation planning and community engagement efforts.

[Move.Utah.gov](https://www.moveutah.gov)

A UDOT Program



HEIDI GOEDHART

Active Transportation Manager
Utah Department of Transportation

Thank you for attending the 2nd Annual Move Utah Summit. The Summit is the only event of its kind in Utah that brings together hundreds of health, transportation and land use experts and state and local officials to collaborate on improving the health and well-being of individuals and communities.

This year's theme is "Make a Connection." The day is packed with engaging content specifically tailored to the literal and figurative intersection of transportation and health. How we plan and build our communities directly influences our health. As we heard at our inaugural Move Utah Summit last year, your zip code can be a stronger determinant of your life expectancy than your genetic code. In other words, **where we live and how we get around matters.**

At the Utah Department of Transportation (UDOT) we are shifting our focus to help build the **"Community of our Dreams."** This means planning for a truly integrated, multimodal system that provides opportunities for people to ride a bike, walk to school, take the bus, ride a train or drive a car. Our focus is to **move people, not cars.**

My enthusiasm for walking and biking started at a young age. I used to ride my bike around the family farm in rural Idaho and developed a passion for helping communities provide these same opportunities for their residents. UDOT's **Move Utah program** provides technical assistance and resources directly to local communities to plan for biking and walking right in their own backyard.

We have hundreds of state and local officials and subject-matter experts here today to engage in a multidisciplinary, collaborative dialogue. Regardless of your level of engagement on all these issues, I hope the Move Utah Summit provides you with excellent opportunities to **"Make a Connection"** in creating more active, healthy and connected communities across Utah.



AGENDA

7:30am-8:30am	Networking Breakfast and Registration	Grand Ballrooms A&B
8:30am-8:50am	Community of our Dreams <ul style="list-style-type: none">• Carlos Braceras, Utah Department of Transportation (UDOT) Executive Director	Grand Ballrooms A&B
8:50am-9:50am	Utah's Transportation Vision: Pathway to Life Quality <p><i>Facilitator:</i></p> <ul style="list-style-type: none">• Elizabeth Weight, UDOT Strategic Communications Director <p><i>Panelists:</i></p> <ul style="list-style-type: none">• Theresa Foxley, Economic Development Corporation of Utah President & CEO• Teri Newell, UDOT Planning & Investment Deputy Director• Carlton Christensen, Utah Transit Authority (UTA) Board of Trustee• Greg Bell, Utah Hospital Association President & CEO	Grand Ballrooms A&B
10:00am-11:00am	Breakout Sessions	Arizona, Wyoming, Idaho
11:15am-12:15pm	Breakout Sessions	Arizona, Wyoming, Idaho
12:15pm-12:20pm	Break for Lunch	Grand Ballrooms A&B
12:20pm-12:50pm	Wasatch Choice 2050 <ul style="list-style-type: none">• Andrew Gruber, Executive Director, Wasatch Front Region Council	Grand Ballrooms A&B



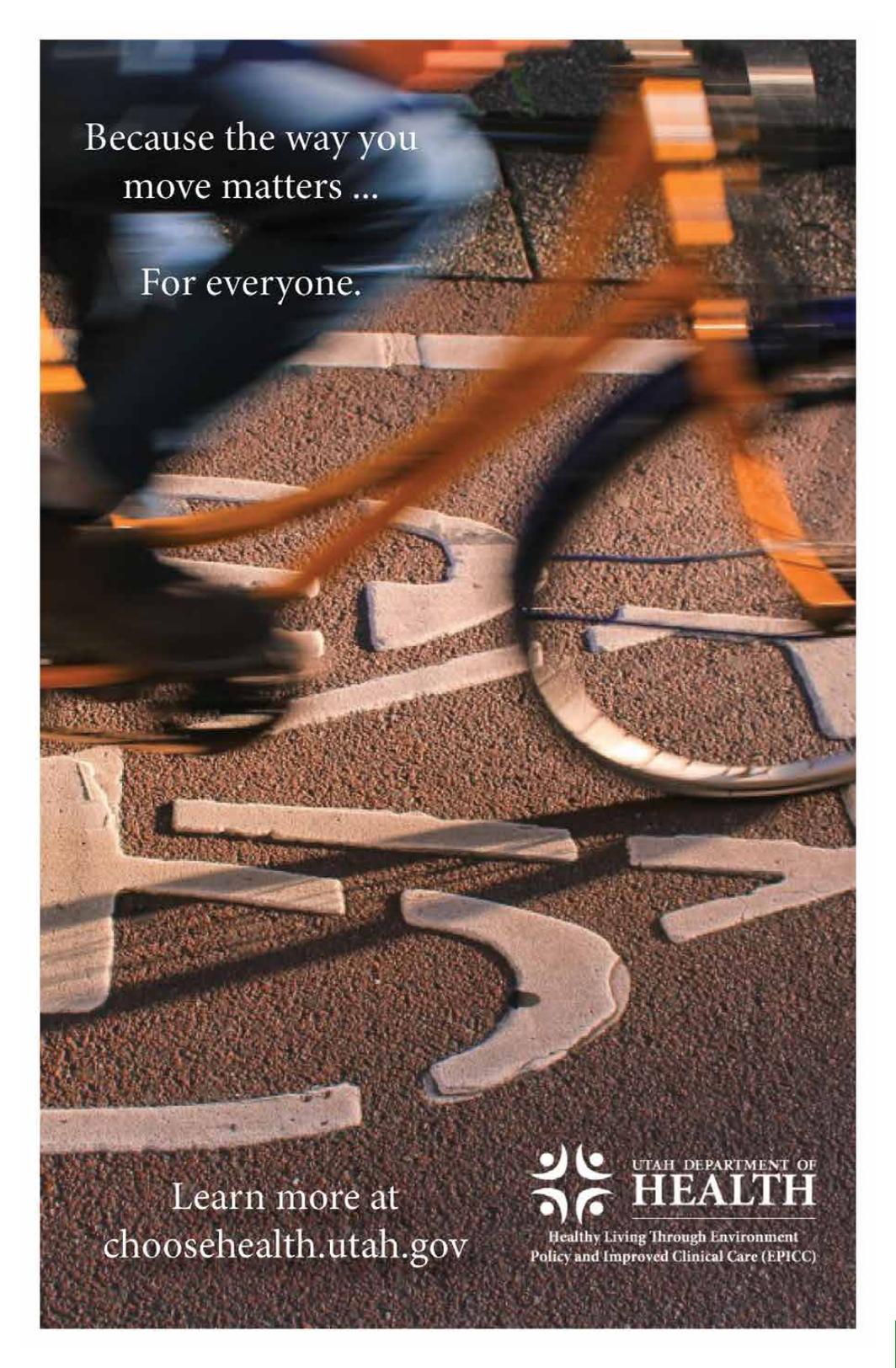
12:50pm-1:50pm	Lunch & Keynote Speaker <ul style="list-style-type: none"> • Jason Roberts, Founder, Better Block Foundation • Connecting Communities through Transformative Change 	Grand Ballrooms A&B
2:00pm-3:00pm	Breakout Sessions	Arizona, Wyoming, Idaho
3:15pm-4:15pm	A Path to Improved Health & Well-Being: Trailblazing Transportation Policies <p><i>Facilitator:</i></p> <ul style="list-style-type: none"> • Heather Borski, Division of Disease Control & Prevention Director, Utah Department of Health <p><i>Panelists:</i></p> <ul style="list-style-type: none"> • Dr. Suzanne Harrison, State Representative • Kent Millington, UTA Board of Trustee • Troy Walker, Draper City Mayor 	Grand Ballrooms A&B
4:30pm-5:00pm	Better Blocks Mobile Tour	Meet outside Ballrooms A&B
4:30pm-6:30pm	Evening Reception	



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The American Planning Association (APA) has recognized the Move Utah Summit as an approved event for American Institute Certified Planners (AICP) interested in receiving Continuing Maintenance (CM) credits.



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UTAH DEPARTMENT OF
HEALTH

Healthy Living Through Environment
Policy and Improved Clinical Care (EPICC)

KEYNOTE SPEAKERS



CARLOS BRACERAS
P.E., Executive Director, Utah Department of Transportation (UDOT)

Utah Governor Gary Herbert appointed Carlos Braceras to serve as Utah Department of Transportation executive director on May 6, 2013. Former UDOT Executive Director John Njord appointed Braceras to deputy director in May 2001. At the time, he was the director of UDOT's Region 3.

Braceras also worked on the Legacy Parkway/I-15 North Project, where he was responsible for development of the environmental documents, design-build contracts and construction of both facilities. In 1998, he was named "State of Utah Governor's Manager of the Year" and received the "UDOT Leader of the Year" award.

Braceras received a Bachelor's degree in geology from the University of Vermont and a Bachelor's degree in civil engineering from the University of Utah.

He currently serves as president of the American Association of State Highway and Transportation Officials, Chair of the AASHTO Subcommittee on Design, Chair of the Center for Environmental Excellence Advisory Board, member of the Board of Directors and past president of the Western Association of State Highway and Transportation Officials, past chair of ITS America and past chair of RUC West.



KEYNOTE SPEAKERS



JASON ROBERTS

Founder, Better Blocks Foundation

Jason Roberts is an artist and urban designer whose life's work has been dedicated to the creation of healthy, vibrant and sustainable neighborhoods. In 2006, Jason formed the nonprofit organization, Oak Cliff Transit Authority, to revive the Dallas streetcar system and later spearheaded the city's effort in garnering a \$23 million grant from

the federal government to help reintroduce a modern streetcar system to Dallas.

In 2010, Jason organized a series of Better Block projects, taking blighted blocks with vacant properties in Dallas and converting them into temporary, walkable districts with pop-up businesses, bike lanes, cafe seating and landscaping. The project has become an open-sourced international movement occurring everywhere from Melbourne, Australia to Tehran, Iran and has been featured in the New York Times, Washington Post and Dwell Magazine.

Jason has received a Champions of Change award from the U.S. White House, was showcased in the 2012 Venice Biennale, and was listed in Planetizen's Top 100 Most Influential Urbanists.



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BOB BERNICK, BRYAN SCHOTT, LAVARR WEBB

Breakout Session 1

10:00-11:00 a.m.

Can an App Kill The Personal Car?

Transportation

Room-Arizona

Mobility as a Service (MaaS) is quickly becoming a reality. Will the convergence of smartphone apps and innovative technologies reduce the need to drive your car?

Panelists

Angelo Papastamos, TravelWise Manager, UDOT

Jaron Robertson, Innovative Mobility Solutions Director, UTA

Julianne Sabula, Transit Program Manager, Salt Lake City

Jeremy Neigher, General Manager, Lyft

Marc Mortensen, Support Services Director, St. George City

What's at the Heart of a Healthy Community?

Land Use

Room-Wyoming

What does transportation funding have to do with housing affordability? How can statewide policies improve the health of a community? Learn about recent changes in state law and how they will affect you. .

Panelists

Beth Holbrook, Board of Trustee, UTA

Cameron Diehl, Executive Director, Utah League of Cities & Towns

Andrew Gruber, Executive Director, Wasatch Front Regional Council

Jen McGrath, Interim Director of Community & Neighborhoods, Salt Lake City



Wellness Benefits of Connected Communities

Health

Room-Idaho

Loneliness and social isolation are associated with depression, decreased cognitive function, increased blood pressure and cholesterol and even premature death. Learn how you can develop social cohesion and improve mental health in your organization and community. You may even walk away with a prescription to enjoy the outdoors.

Panelists

Sarah Kinnison, Health Educator, Salt Lake County Health Department

David Eldredge, Director, Community Crisis Services, University of Utah

Christie Oostema, Principal, People+Place

Rose Smith, Program Specialist, Utah Office of Outdoor Recreation

Breakout Session 2

11:15 a.m.-12:15 p.m.

Prioritizing a Vision

Transportation

Room-Arizona

UDOT and its partners are developing Utah's first-ever statewide transportation vision. Hear directly from the experts developing the newest models for prioritizing projects and learn what it takes to secure transportation funding for your community.

Panelists

Richard Brockmeyer, Senior Transportation Planner, UDOT

Charles Allen, Transportation Engineer, Parametrix

Andrea Olson, Planning Director, UDOT

How to Move Utahns

Land Use

Room-Wyoming

This session explores how health, transportation and land use can converge to form livable communities through proactive planning of bicycling and walking infrastructure. Planning is becoming increasingly important in helping communities identify shared, implementable goals that improve residents' health and well-being.

Panelists

Katie McDermott, Design Review Manager, Daybreak Communities

Laura Hansen, Planning Director, UTA

Kim Clausing, Health Educator, Tooele County Health Department



The Cure for an Unhealthy Community

Health

Room-Idaho

Utah's population is projected to nearly double by 2065. This rapid growth may significantly impact Utahns' health and quality of life. Experts will discuss the DNA of unhealthy communities and how a cross-sector approach to solving challenging issues can help us find the cure.

Panelists

Sarah Hodson, Executive Director, Get Healthy Utah

Brett McIff, Physical Activity Coordinator, Utah Department of Health

Ted Knowlton, Deputy Director, Wasatch Front Regional Council



Breakout Session 3

2:00-3:00 p.m.

Self-Driving & Flying Cars: What the Health?

Transportation

Room-Arizona

Disruptive transportation technologies have the potential to fundamentally reshape our communities. What will autonomous vehicles operating on the ground and in the air mean for our health and well-being?

Panelists

Travis Olson, Community Health Educator, Weber Morgan Health Department

Blaine Leonard, Transportation Technology Director, UDOT

Jared Esselman, Aeronautics Director, UDOT

Josh Channel, Senior Transportation Planner, Parametrix

Getting Point A Closer to Point B

Land Use

Room-Wyoming

There are a number of benefits to reducing the distance between origins and destinations, including improved mobility, additional transportation choices, increased access to educational and employment opportunities and better health outcomes. Learn directly from cities that are putting plans into practice and what challenges and successes they have encountered along the way.

Panelists

Jason Glidden, Economic Development Project Manager, Park City

Alex Murphy, Associate Planner, Midvale City

Jason Bench, Planning Division Manager, Orem City



Transportation and Land Use: Social Determinants of Health

Health

Room-Idaho

This session will provide an overview of social determinants of health and discuss the role they play in quality of life outcomes. Experts will highlight efforts to address upstream social determinants of health that include transportation and land use decisions.

Panelists

Angela Choberka, Community Partnership Specialist, Intermountain Alliance for the Determinants of Health, McKay Dee Hospital, Vice Chair, Ogden City Council

Nancy Ortiz, Mobile Health Program Manager at University of Utah, Office of Wellness and Integrative Health

Shardae Jones, Community Health Worker, Intermountain Alliance for the Determinants of Health

David Fields, Program Analyst, Housing & Community Development, Utah Department of Workforce Services

PLATINUM PARTNERS



GOLD PARTNERS



SILVER PARTNERS



SILVER PARTNERS (CONTINUED)



BRONZE PARTNERS

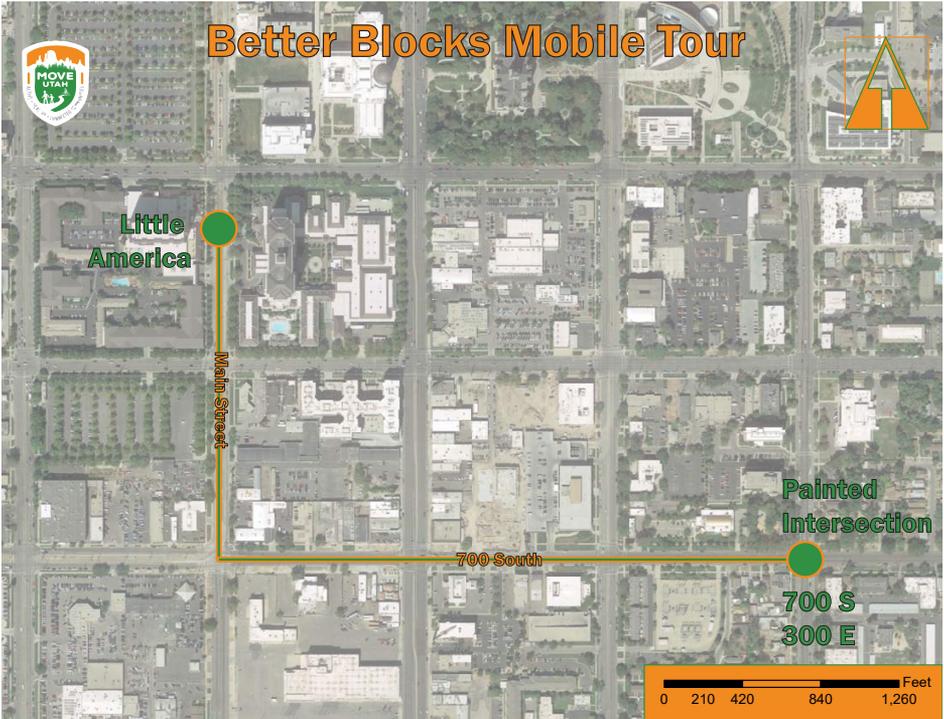


Better Blocks Mobile Tour

4:30-5:00pm

Off-Site

Join us as we hop on bikes and scooters to tour the Team Better Block intersection makeover at 300 East and 700 South in Salt Lake City. Bring your helmet and learn hands on how the Salt Lake City Mayor's office, Spin and Bike Utah have teamed up make the intersection more visible and easier for bikers, scooters and pedestrians. Meet outside Ballrooms A&B



Evening Reception

4:30-6:30pm

Little America

Stick around for an excellent opportunity to network and share best practices with hundreds of Summit attendees during our evening reception. Beverages and light hors d'oeuvres offered.



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